

BURLEIGH HEADS BOWLS CLUB



Bowling News

August - September

Message from the Chairman

Thank you to Peter Johnson for acting Chairman during my absence and welcome to our visitors at this time of the year from the southern states. It is always good to see faces returning, new faces and friendships formed and renewed. I hope you enjoy your time at the club.

Now included in the Bowler News is a report from the Bowls Committee chaired by Jim Wadling. The Bowls Committee is a sub committee of the Board of Management and comprises both men's and ladies representatives including the section Presidents. Please read Jim's report as there is important news in relation to club coaching, and more.

The Australian Open and Burleigh Classic days showcased the club in the best possible light. Both were well organised, well run and many favourable comments were received regarding the condition of our greens. Thank you to the many helpers who gave of their time to ensure these events ran smoothly. Also to our greens staff, bar, bistro and reception. You are all important cogs in the wheel and did a great job.

The Pennant season is now underway for both Men and Ladies. It is fair to say our Men's Division 1 team is finding the going tough against teams which include Australian representative bowlers. As a club we have to work with the resources we have and continue our support for the team.

I wish to acknowledge new sponsors for the club. Godfreys the vacuum and cleaning specialists at Kortum Drive (formerly at Stocklands), The Garage at Miami for Tyres, Car Servicing and Wash, Specsavers Hearing and AVEO Aged Care. Thank you for your support and I encourage members to support these businesses.

Bingo is back. Our Monday morning bingo sessions have had a slow start, however there is plenty of interest and we will continue the sessions until the end of August before reviewing.

Trivia on a Wednesday night is proving very popular with regular followers and visitors alike. Well done Bernie O'Dea on running these nights.

Our recent Saturday night shows, Blues Brothers and Abba were both sell outs. People are following our social media advertising and have come to expect a great night of entertainment at Burleigh Bowls. A friendly reminder that there is a policy that exists on show nights where bowlers in club uniform must vacate the club by 6.30pm or change out of their uniforms. I trust our bowlers accept this as a show of respect to patrons who have dressed up for the occasion.

A question has arisen regarding our staff's eligibility to participate in the Members Draw. The March 2015 meeting of the Board passed the following resolution. "Staff and Contractors in the club for the purpose of working, while the members draws are being conducted, will be excluded. Staff who are members and are in the club socially (not working) are entitled to be included and win the members draw."

It is pleasing to see wait times for meals from our Bistro returning, whilst this may cause inconvenience for some patrons it is a sign that patronage is returning to past days. Keep up the good work Rob and staff.

The end of our financial year is the 30th September. A reminder that loyalty points need to be redeemed at the bar and bistro prior to this date otherwise they will be forfeited.

Good bowling and please enjoy the facilities of our club.

Paul Hynes
Chairman

Burleigh Heads Bowls Club

LIVE ENTERTAINMENT

IN AUGUST

Fri - 7:30pm / Sat - 6:30pm / Sun - 2pm

Fri 3rd - Spectrum

Go on a musical journey from the 60s through to the latest top 40 hits. With their energy, stage presence, great harmonies and enthusiasm for their craft,



Sat 4th - Red Cherries

Red Cherries favorite thing is throwing down an awesome rock party of fantastic hits. Ozzie rock is what they love to rock the most!

Sun 5th - Rick Hay

Rick Hays solo act is the result of many years in the business at all levels from playing in top touring acts to working in club & corporate show-bands, as well as trio, duo and solo work



Fri 10th - Retro Room

Playing the best retro hits around!

Sat 11th - SEX & CHOCOLATE **- 8pm Tickets \$10 from Reception**

Get ready for a night of sexy motown hits!

Sun 12th - Steve Cummins

Steve Cummins as a singer, showman and song writer has more than just credibility to his name.

Fri 17th - Double Or Nothin'

Father and son duo performing a variety of songs from Adele to old-school Rock and Roll



Burleigh Heads Bowls Club

LIVE ENTERTAINMENT IN AUGUST

Fri - 7:30pm / Sat - 6:30pm / Sun - 2pm

Sat 18th - Dynamic's

Sample Song List: 500 Miles – The Proclaimers A Little Less Conversation – Elvis Achy Breaky Heart – Billy Ray Cyrus Addicted To Love – Robert Palmer All About That Bass – Megan Trainor All Shook Up – Elvis Presley



Sun 19th - Lone Wolf

Lone Wolf is a crowd pleaser playing songs varying from Ed Sheeran – Elvis Presley.

Fri 24th - Back To Back

Be prepared for a night of funky music and great dancing tracks

Sat 25th - Long Gone Daddys Duo

Long Gone Daddys deliver great interpretations of this classic early Rock and Roll & Country rock era.

Sun 26th - DJ on the Green

DJ out on the greens spinning tracks for our Bowls, Beats & Brews event

Fri 31st - The Accidents

The Accidents play music that's fun and makes you want to dance and have a good time!



A decorative border surrounds the text, featuring various green icons of money: dollar bills, stacks of coins, and money bags. The icons are arranged in a repeating pattern along the top, bottom, and sides of the page.

Financial Report

Our Club is financially better off this year than last, this can be attributed to the reduced cost of Greens maintenance, advertising, provision for gaming machine jack-pot pay outs, insurance, “card-it”, promotions, off-set by increased wages, R&M, electricity, council charges and reduced income from the Bistro.

Our Bistro commenced operating as a Club enterprise in December 2017, with not an un-expected slow start-up. It is submitted that the bistro will attain profitability in July just passed. Our Bar is trading slightly better than last year. Our Gaming (in common with all other Clubs on the Coast according to our Gaming Monitor) is trading less profitably than last year. Green fees and Barefoot players have increased.

It is anticipated that our Nett Profit for the year should show a fairly good improvement over the year previous.

Don Collins
Treasurer

French Loaded- Avocado and hollandaise sauce

CHICKEN

Served with chips & salad

SCHNITZEL

**AUGUST
MEMBERS SPECIAL**



\$15

Burleigh Heads Bowls Club

Bowling Committee News

At the end of the premier sevens competition this year a suggestion was put forward that it would be a good idea if we could be coached for these events.

So I approached Ron Alexander and we decided on a one hour session over five weeks having a small manageable group of eight bowlers.

With a Ron's knowledge and experience he put together a set of drills used by Bowls Australia for training course.

It was an outstanding success and enjoyed by all participants and for this reason it will be rolled out later this year.

A couple of weeks ago we had Mick Myers, Ray Cush, Geoff Irwin, Jeff Sutherland, Carolyn Fisher, Diane Pickett, and Vicki Gordon successfully complete a coaching course.

Congratulations to all.

With the support of the bowls committee I have appointed Ron Alexander as Head Coach to coordinate bowls coaching.

A welcome pack has been put together for new bowlers. It has all the information they need to get started. All new bowlers should be directed to our Club Secretary Manager Justin.

Justin will formally welcome them and show them around the Club.

Jim Wadling
Chair Bowls Committee



\$3.80

Pot

**Tooheys
Old**

AUGUST

**Members
beer
of the
month!**

Men's Report

I am pleased to announce that we now have 4 new coaches within our men's section. Mick Myers, Jeff Sutherland, Geoff Irwin, Ray Cush completed the recent coaching course. They along with head coach Ron Alexander are available to assist players both current and new bowlers. I thank them for offering their time to provide this valuable service.

Since the last newsletter we have completed our Club Pairs with Vince Sullivan and Trevor Crompton victorious over Jake Fehlberg and Steve Coffey in a close final.

I would again like to welcome our southern visitors. It is always great to catch up with old friends. If you are a first time "winter visitor" I believe you will enjoy your stay with our friendly club.

Our annual Burleigh Classic was held in June. The weekend was a great success with the triples on Saturday/Sunday won by Mick Myers, Dennis Hurst and Shane O'Toole. The round robin format for Division 1 meant the overall winner was not known until the last bowl of the day was played. The Burleigh boys just edged out one of the teams from Toowoomba. The Toowoomba boys got their revenge in the pairs on Monday.

Pennants has commenced with 4 teams representing Burleigh, Div 1, Div 3, Div 6 & Div 7.

You may have seen a new face in the games office recently. Paul Griffiths was a regular visitor from Victoria. Paul and wife Robyn decided to make Burleigh their permanent home (and why not) a few months back. As soon as he joined Paul asked Vince if he could help him in any way. Vince put him to work in the games office and on the greens. I would like to thank Paul for offering his time to help our club especially as he has just joined. It will take Paul a little time to learn all the names and put them with faces, so bear with him if a couple of minor glitches occur during his learning process.

Peter Hamilton
President

Burleigh Heads Bowls Club

S a t u r d a y A u g u s t 1 1 t h

*Get ready for a night of smooth
R&B motown sounds*



SEX & CHOCOLATE

FROM 8pm

Tickets sold at Reception

\$10 P P

with a complimentary
glass of bubbles!



Ladies Report

Hello readers to our Bowlers News,

We welcome our friends from down South & New Zealand to our club, it's lovely to see you all back again and some for the first time.

Our 81st Birthday game & lunch was on Thursday 7th June & started out with rain but we did get through the morning with only one stop. The tables, Dorothy's beautiful hand decorated cake & a great lunch were all winners. Many thanks to Doreen & her band of willing helpers.



Six ladies marked at Burleigh for the Australian Open on Monday 11th June. We saw some close and exciting games in the ladies Singles.

Val & Karen have been getting through the busy competition calendar & a few are on their finals as I write this. In the Pairs Final - D. Hanlon & J. Moore defeated K. Harding & D. Jenkins.

For the Burleigh Mens Classic on for 3 days in June, a few ladies did a crusty bread & filling breakfast plus tea & coffee for some hungry players. A three day success, I believe. Well done.

Our Pennant on Friday & Goldie 7s on Saturday started in early August going for 6 weeks so we only have two more weeks to go. Many thanks to the selectors, managers & players who put a lot of work into this.

Paul from Bowlers Paradise had a selling day with us, sponsoring us as well as Godfreys (Vacuum cleaners) with Greg who gave us a demonstration on new models & also donated a vacuum hand stick for a raffle....Thanks Godfreys! If you are looking for a new vacuum go to their shop on Kortum Drive & mention Burleigh Bowls, he'll give you a good deal! Paul has also put us in his diary July 2019.

Our Gala Day on 23rd July was a success thanks to a truckload of people all working together, you know who you are & I thank you sincerely...weather perfect...we filled the greens...lunch was delicious...many happy people winning bowls or raffles. Any problems were ironed out successfully in Burleigh Ladies way. Bless you all.

Our three lady members who attended the Coaching Clinic in July all passed. Congratulations to Caroline Fisher, Diane Pickett & Vicki Gordon. However Vicki has had an accident & may not be back with us for a few months. Chin up Vicki we are thinking of you & any other members who are having a tough time with colds flu & winter worries.

Until the next Bowlers News.

It's nice to be important but it's more important to be nice.

June O'Dea
Ladies President



Coaching Notes

The control of weight and the ability to visualize the path of your bowl are probably the most important points in playing good, consistent bowls along with repeatability of line. As a new bowler you had many thoughts racing through your head to ensure your delivery was smooth and repeatable, but because of your concentration on delivery mechanics your weight control was somewhat hit and miss. Once you have developed your delivery to a point where you really don't think about it's mechanics, you need to train your muscles and senses to deliver correct weight. Most players were taught weight control initially by control of arm speed or from the elevation theory, the higher the start point the longer and faster the swing. However your body has inbuilt sensors and a rather powerful computer called the brain, train the brain to compute the speed. To help do weight control drills long and often, ask a coach for drills to enable you to do this.

Elite bowlers prepare for a delivery by visualizing the path of the bowl and the bowl finishing it's run exactly where required. They develop a "feel" for the delivery from the weight of the bowl, their perceptions of the pace of the green, and sensors in their bowling arm and shoulder. This takes a lot of practice and concentration on the "feel" of a delivery. Such training provides a mental pattern for the largely automatic delivery movement to produce the bowl speed required. They use hand and eye coordination for intuitively integrating gravity and muscle force in executing the movement.

A corrective delivery for a bowl finishing 1 meter short of it's target is 2.5 revolutions of the bowl to be perfect. You need to make this slight variation by "sensing" the extra bowl speed rather than by deliberately deciding to change your delivery mode.. You should have trained your body to produce this result, so let your sub-conscious mind do it's job without interference from you.

You will need to learn to visualize the path travelled by your bowl in the run to the jack to be able to play trail and other through the head shots. There are two ways to learn your bowl's track, have someone bowl your bowl to you while you stand at the head, pay particular attention to the sideways movement of the bowl in it's last 3 meters of travel.

This is the “need to know” for conversion shots. The other, more interesting way to find your bowl’s line, is to deliver a bowl to the jack, walk along what you believe to be it’s line and place markers every couple of meters to mark the track. Now deliver another bowl chasing it to the jack and observe how far out your imagined track was. You probably have imagined that you saw your bowl turn in much later and more steeply angled to the centre line than actually happened. This observation will allow you to correct your visualization of your bowl’s track and allow you to make small width adjustments to draw into and through the head. When delivering a bowl focus your whole being on the process of delivery, have a pre delivery routine, such as; step onto the mat knowing what shot you intend playing, take a deep breath to relax the shoulder muscles, check the bowl is on the correct hand, inhale on the back swing, and exhale on the delivery. This, or a similar routine which fits your body, will help you focus on delivering the bowl to achieve your intended result, not on what you hope will happen. Then you can begin to follow the bowl’s track and observe it’s fate, did you do what you intended or not, whichever way it went, learn from the delivery. Good bowling and enjoy.

Ron Alexander (Head Coach)



Mens Championship Pairs Results

Round 1.	W Armstrong	S Kerney	21/13
Round 1.	S Wheeler	A Hyde	WOF
Round 2.	D Hurst	C Vella	18/8
Round 2.	S Coffey	M Myers	27/15
Round 2.	T Crompton	S Miller	27/17
Round 2.	D Kennedy	B Marin	22/15
Round 2.	S O'Toole	S Wheeler	23/13
Round 2.	R Cush	G Shapter	28/23
Round 2.	J Fowler	W Armstrong	18/17
Round 2.	C Fehlberg	T Kelly	21/16
Round 3.	S O'Toole	D Kennedy	16/15
Round 3.	S Coffey	D Hurst	24/12
Round 3.	T. Crompton	J Fowler	19/18
Round 4.	S Coffey	S O'Toole	19/16
Round 4	T Crompton	C Fehlberg	19/13

FINAL **V Sullivan & T Crompton Vs J Fehlberg & S Coffey** **25/19**



**Congratulations to
Jenny Moore
& Dorothy Hanlon on
winning the
Ladies Pairs
Championship!**





Camels Corner



The Camels made it to Nimbin on a recent day trip, and upon arrival there was a smell in the air that caught everyone's attention. It was the delicious smoked bacon and eggs on the grill outside the clubhouse being prepared for breakfast. It was a great day with the colorful participants and many great laughs ending with the Camels being on top. The day finished with a beautiful sit down roast beef lunch for everyone in the rustic dining area. We all thank Ross Kelly for his superb driving skills getting us there and back without incident.



It had been a mystery to most of the Camels, but it was revealed on a couple of day trips that there is a member of Royalty on the team. It was unknown why a special member was given a drive to their front door at home on the return trips to Burleigh. It was Lord Stotesbury known as Bullwinkle to some, who was the recipient of this VIP treatment. Who would of known?

Another pressing mystery has been the undisclosed philanthropist on the Camels. It is Darcy Hutchen. It turns out Darcy is a benefactor to opposing teams when awarding any or all of the Camels winnings to obviously a much more deserving team. Well done Darcy, you are the Bill Gates of Bowls. Darcy was also lucky enough to be captured on camera recently with his brother Steve at the Surf Club who was visiting the Gold Coast.



A big, 'get well soon', wish is for Paul (Cigar) Baggaley who is on a surgical wait list before his eminent return to the Camels.

Another get well goes out to Yogi, the ever present Camel's President who had a knee replaced and was seen last week on the sidelines ready to get back on to the greens.

And welcome back to Big John Buatava who has returned to the Camels with a tuned up heart, new eyes and looking even fitter.



Congratulations to Shaun (Stifler) Wheeler in winning the men's Singles competition. The Camels look forward to more exhibitions of that talent on Sundays.

Camels Corner Continued

The Camels are also continuing to play well on the road following recent trips to South Tweed and a weekend trip to Evans Head.

The Evans Head trip presented some unique opportunities for some of the Camels.

Bob (The Pope) has now started a new trend in game preparedness with sleeping in ones game clothes, giving more opportunity for sleep and less time for preparation.

It has been rumored that Ian (Spacco) Spackman is still hanging around in Evans Head looking for a misplaced jumper and looking for the bins that were stored somewhere two years ago by Shaun (Stifler) Wheeler.

The long walk to the Evans Head Hotel was brisk as the much-anticipated dinner featuring the Tomahawk Steak was on the menu. It was even better this year according to one experienced Tomahawk devotee.

‘News Flash’ A possible protest has been launched over Archer’s measuring at the last home at home event. It has been rumored that he was seen with a tape in his hand actually measuring... we are looking for a decision from the Bunker on the outcome.

The Camel’s talent never stops. Jeff (Ugly) has started production on his own line of Beer Cap motorcycles that can be seen behind the bar. It is that special kind of devotion to the arts that everyone appreciates, especially beer lovers.

Bull Winkle





Burleigh Heads Bowls Club

27th Burleigh Classic Carnival

**Congratulations to Mick Myers, Dennis Hurst and
Shane O'Toole on taking out the Burleigh Classic
Carnival in the triples!**



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AUGUST Bowling Calendar

MONDAY NO BOWLS— roll ups GREEN#3 ONLY

TUESDAY LADIES MIXED/PAIRS AM

WEDNESDAY MENS TRIPLES/PAIRS AM
MENS FOURS PM

THURSDAY LADIES SOCIAL AM

FRIDAY MENS TRIPLES/PAIRS AM
MENS FOURS PM

SATURDAY LADIES TRIPLES AM
MENS TRIPLES PM

SUNDAY BAREFOOT BOWLS 12-5PM

CAMELS AUGUST SUNDAYS:

Aug 5th - Camels Gala (Home)

Aug 12th - Canungra (Home)

Aug 19th - Home Alone

Aug 26th - The Gap (Away)

SEPTEMBER Bowling Calendar

MONDAY NO BOWLS— roll ups GREEN#3 ONLY

TUESDAY LADIES MIXED/PAIRS AM

WEDNESDAY MENS TRIPLES/PAIRS AM
MENS FOURS PM

THURSDAY LADIES SOCIAL AM

FRIDAY MENS TRIPLES/PAIRS AM
MENS FOURS PM

SATURDAY LADIES TRIPLES AM
MENS TRIPLES PM

SUNDAY BAREFOOT BOWLS 12-5PM

CAMELS SEPTEMBER SUNDAYS:

Sept 2nd - Home Alone (Fathers Day)

Sept 9th - Home Alone

Sept 16th - Bongaree (Away)

Sept 23rd - Evans Head (Away)

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5520 1642

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Until end of August

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WANTED!!

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Jennifer Rose

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