



Burleigh Heads Bowls Club

Bowler News

DECEMBER 2019
JANUARY 2020

All of the latest
news for our
valued
members

www.burleighbowls.org.au

Ph: (07) 5535 1023



BURLEIGH BOWLS

XMAS TRADING

DATES & TIMES

**WED & FRI - HAM RAFFLES 6.30PM
TRIVIA WEDNESDAY 18TH DEC**

**VISIT FROM SANTA 6.30PM FRI 20TH DEC
CLOSED CHRISTMAS DAY 25TH DEC
OPEN BOXING DAY 26TH DEC
FROM 8.30AM**

**NO TRIVIA WED 25TH DEC
NO TRIVIA WED 1ST JAN 2020**

**Wishing you all a very Merry
Christmas & a safe and Happy New
Year**

UNIFORM THEMED DRESS



PARTY

TICKETS \$20

Includes Drink on Arrival | Prizes for Best Dressed
'Partners in Crime' band performing from 8pm

31ST DEC
FROM 8PM

Burleigh Heads
Bowls Club

TIX AVAILABLE FROM RECEPTION

A REPORT FROM THE CHAIRMAN

It was pleasing to see over 200 members present for the club AGM. Listed below are your representatives on the Board of Management. Please do not hesitate to approach any representative with your suggestions or concerns. Positive comments are also most welcome. There is much to be done this year and I believe we have a very enthusiastic and positive board.

| | |
|-----------------------|---------------------------------------|
| Chairman | Paul Hynes |
| Deputy Chairman | Ossie Moore |
| Treasurer | Phil Westlake |
| Mens President | Brian Bottrell |
| Mens Vice President | Paul Griffiths |
| Ladies President | June O'Dea |
| Ladies Vice President | Sue Fenton |
| Directors | Allan Cullen, Di Pickett, Jim Wadling |
| Secretary/Manager | Justin O'Donnell |

Following advice by our greenkeeper Michael Turner green 1 will be taken out of play after the New Years Pairs tournament. 100mm of top soil will be removed and carted away. Stolons from one of three locations will be bought in and spread across the green to start a new lawn. The weather will have a big influence with the green being out for at least 12 weeks. Council have rejected our plan to use the public thoroughfare between the highway and James St for removal of soil due to the busy holiday period. An application for the use of Park Ave at the rear of the club has been submitted.

Barrie Lester has taken up the position as our Bowls Co-ordinator and has created much enthusiasm amongst the squad who have put their names down for selection in the Premier League teams. See Barrie's article in this newsletter. The first match being played at home finishing under lights is sure to be a big drawcard.

The Bistro under the new operator Gary Zeng has got off to a flying start. It is good to see queues at the counter which is good for the operator and good for the club.

REPORT CONTINUED...

New Years Eve entertainment will feature our most popular band Partners In Crime and the dress theme will be Uniform (something a bit more original than a bowls uniform folks). A great night guaranteed. Reserved seating tickets available at reception for \$20 which will include a drink.

Thank you to the 2 members who I think would rather remain anonymous for taking it upon themselves to clean the chairs in the club. Some grease from food etc can build up over time. Well done to these 2 members.

I wish all our members a very happy and safe Christmas and New Year period and we will see you in 2020.

Paul Hynes



HAPPY *New Years*

**COME AND JOIN US FOR OUR NEW
YEARS SHOW NIGHT AT THE
BURLEIGH HEADS BOWLS CLUB**

TICKETS CAN BE PURCHASED FOR
\$20 IN RECEPTION WHICH WILL
INCLUDE A COMPLIMENTARY HOUSE
DRINK ON ARRIVAL

**UNIFORM THEMED
BEST DRESSED PRIZE FOR MALE
AND FEMALE**

BISTRO WILL BE OPEN FROM 5:30PM

**THE PARTNERS IN CRIME
WILL BE PERFORMING FROM 8PM**

GET IN QUICK TO RESERVE
YOUR DESIRED SEAT:
(07)5535 1023
www.burleighbowls.org.au

REPORT FROM THE MENS PRESIDENT

Hi Everyone,

Yesterday was the Men's Club AGM and the newly elected members of the Men's Council for 2019/2020 are:

President: Brian Bottrell

Vice President: Paul Griffiths

Secretary: Geoff Irwin

Councillors: Mick Myers, Clarry Nash and Anthony Taubman

Selectors: Graham Absalom, Peter Street, Greg Pierce and Steve Miller

Welfare Office: Peter Webber

Representative to the Board: Paul Griffiths

Representatives to the District: Brian Bottrell, Geoff Irwin and Anthony Taubman

We welcome John Fowler back as a Patron again this coming year and additionally, in recognition of his service to the Men's Club over many years as a Side Manager in Super Challenge, Pennant and Premier 7's / Q7's I had great pleasure in nominating Geoff Crittenden as our 2nd Patron. The nomination was confirmed by the assembled members at the AGM.

I would like to acknowledge last years' Council members for their support and hard work in what wasn't the easiest of circumstances.

To the Selectors David Kennedy, Drew Kendal and Steve Coffey thanks and congratulations on a job well done. To Graham Absalom and Grant Fehlberg who both resigned early in the year thanks for your contribution also.

To the Men's Councillors Mick Myers, Steve McGaveston and Paul Griffiths thanks for your input during the year and helping out when you could.

To Geoff Irwin thanks for your efforts as Secretary. From experience I know how difficult it is in the first year to get your head around the processes and requirements of memberships. I'm sure you will have an easier time this year.

To Clarry Nash thanks for your efforts as Welfare Officer. You did a sterling job and I'm sure our members who weren't well throughout the year appreciated your visits and enquiries on their health.

REPORT FROM THE MENS PRESIDENT CONTINUED

- And last but by no means least my sincere and heartfelt thanks to Geoff Crittenden as Vice President. Except for a couple of times when he wasn't well Geoff was there to help me out with morning and afternoon presentations on bowls days.
- Thank you to Allan Cullen, Clarry Nash, Dave Fisher, Jim Hughes, John Hughes, Anthony Taubman, Geoff Irwin, Paul Griffiths and Phil Westlake for your ongoing efforts in manning the Games Office. Without your ongoing support the pandemonium that sometimes ensues in the Games Office would be much worse.

Exciting times await us in the New Year with our entry into the Premier League Queensland. The Board has formed a committee to oversee the Premier League and the members are as follows:

Men's Representative: Brian Bottrell (Chairman)

Ladies Representative: Lynn Myers

Board Representative: Phil Westlake

Bowls Co-ordinator: Barrie Lester

Secretary Manager: Justin O'Donnell

The PLQ committee will be appointing a Selection Committee who will select for Premier League only. The Men's and Ladies Selectors will select for their respective Pennant sides and Q7's.

A request has been made for suggestions for a name for our Premier League team. The PLQ committee will meet in the next couple of days and discuss the submissions. The final decision will be left to the members who will be asked to vote for their preferred option.

- A new Facebook group has been started to disseminate information about Premier League to our players, managers, selectors etc. The group is a closed group and membership is by invitation and it is not open to members of other clubs. Invitations to non-Burleigh members will be refused.

Q7's also begins in the New Year and Burleigh has entered Divisions 3, 5 and 6. I have had several discussions with the Q7's organisers but as of now (9th December), they haven't been able to get our entries correct. An email I received from them promises that they'll sort it out today. It's encouraging to see that so many people have put their names down for this competition.

REPORT FROM THE MENS PRESIDENT CONTINUED

New Year's Pairs will be run on the 1st and 2nd of January. After this tournament Green 1 will be renovated and be out for approx. 12 weeks. Looking forward to seeing the results of the renovation.

I look forward to the next year at our great club. The Men's Council will be looking at more ways to vary our bowling days and I know our Bowls Co-ordinator, Barrie Lester has some interesting ideas also.

To everyone I wish you all a Merry Christmas and Prosperous New Year.

Good Bowling.

Brian Bottrell

Merry
Christmas



FUSION 88

MONDAY

Members dinner meal deal 2 for \$26

TUESDAY

Asian Night \$13.80

WEDNESDAY

Rump Night 250g \$15

Schnitzel Night - veal/chicken \$13.80

THURSDAY

Thursday - Roast night \$13.80

FRIDAY, SATURDAY, SUNDAY

Chef's Black Board Specials

Conditions apply

SANTA CLAUSE

IS COMING
TO TOWN

FRIDAY 20 DEC
FROM 6.30PM

LIVE ENTERTAINMENT
FROM 6.30pm

CHRISTMAS RAFFLES

MEMBERS DRAW
FROM 6.00PM

DRESS IN XMAS THEME

SURPRISE VISIT FROM
SANTA CLAUSE





Hello and welcome to my first bowls bulletin since joining Burleigh Heads Bowls Club as Bowls Coordinator.

I am very grateful for the support shown by the members and club management. I have enjoyed spending time with members, especially President's day on and off the greens.

I had recently been away competing for Australia with the Jackaroos where we enjoyed plenty of success. Thank you for the messages of support and especially to those who came along to support in person. The greens at Burleigh have been very busy the past few weeks, well done to our greens staff and their volunteers for having especially green two in tremendous condition.

Main items of focus:

- Working with staff and volunteers regarding bowls events, functions and planning. Assisting match office on day to day duties.
- Premier League, logistics eg: hiring buses, organizing uniform, player lists & availabilities , training dates and programs.
- Community networking with local businesses/ local council regarding sponsorship opportunities and community engagement.

There is a *Suggestion Box* placed at the notice board just outside the bowls office, if you would like to add anything please do so. I welcome all members to utilise this.

Please note that I will be away competing in the Ultimate Bowls Championship at Moama

December 10th – 13th so please tune in and follow the event.

If you need to contact me at any stage, please feel free to call, text or email me at your convenience.

“There is little success where there is little laughter”
Andrew Carnegie.

Regards,
Barrie Lester.

Barrie's Bowls Bulletin

By Barrie Lester

CONTACT

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0427 282 121

WEBSITE:

www.burleighbowls.org.au

EMAIL:

barrie@burleighbowls.org.au

LADIES GAMES DIRECTORS REPORT

This year is nearly gone and this will be my last report for 2019. Its been a hectic 12 months with a full calendar of events.

My last responsibility for this year was Presentation Day on October 24th. This is the day we recognise and congratulate all our Champions and Runners-up for the year and I applaud everyone who won, and especially everyone who participated. Without you we could not hold these events and it gives all our Bowlers something to aspire too.

I would like to thank you all for your support and encouragement throughout the year.

I have really appreciated those kind words and have enjoyed the challenges that this responsibility brings.

Maureen and I wish you a happy, healthy and restful Christmas and we look forward to seeing you again when bowls resume on 16th January 2020

2019 CHAMPIONSHIP WINNERS...



Karen Harding
Ladies Games Director 2019

LADIES PRESIDENT REPORT

The 12th month is here along with busy meetings & end of year functions.

In October we enjoyed a mixed "Skins Tournament" run by the men. It's good to see we have had more mixed days plus mixed Pennant this year, as well as our ladies who also played in the mixed competitions in the 4's & pairs.

Our Ladies Presentation Day was on Thursday 24 October after bowls. Our Past Presidents Day was held on Thursday 7 Nov. & a lovely morning tea was enjoyed by our ladies. Very pleased to see all of our past presidents on the same table enjoying a chat.

Our Ladies Christmas Luncheon---no bowls, just lunch was on Thursday 28 Nov. We enjoyed a tasty hot or cold lunch plus dessert. We welcomed our Life Members & Patron also our 4 lucky men members who also had lunch with us. Many thanks again to all of our Burleigh ladies who attended, all dressed casually & looking lovely. Margaret & her helpers tables looked bright & Christmassy & many many thanks go to Gary & his team in the Bistro "Fusion 88" for their excellent service of the food. The bar staff always helpful & smiling are delightful to work with. A great day was had by all.

Four of our committee members attended the District Presidents Day at McKenzie Park the next day for a fun game of bowls & lunch.

The Club AGM was held on Sunday 1 Dec. We congratulate Paul & his team for crossing the line first & also the 3 members of Allen Cullen, Jim Wadling & Diane Pickett for winning a position on the board. We would like to thank Jenny Moore for her 5 years on the board as our Ladies Representative.

Thank you Jenny!

Our Ladies AGM on Thurs 5 Dec saw myself & my committee returned except Vice President Julie Matthews who stepped down.



LADIES PRESIDENT REPORT CONTINUED...

We thank Julie for taking this position on early in the year when Val Bourne had to return to Melbourne. We have Sue Fenton in the Vice position this year & she promises to be very capable, keen & enthusiastic. Congratulations Sue, we are all looking forward to working with you. I wish to thank all of the committee members for the exceptional way we have worked together this year.

We are confident of another year of success & happy faces in a friendly atmosphere.

We have filled all of the selectors positions with Kay Hodges as Head Selector. Also we have a healthy team of umpires & coaches.

Karen Masters is our Head Umpire with Carolyn Fisher being our Head Ladies Coach. We have also filled the 8 spots for our games co-ordinators for our Thursday social games.

Hearty congratulations to all these ladies who have taken on a position or helper, you are a credit & an asset to our lovely club, pulling it together by working together.

We welcome Barrie Lester to his new position of Burleigh Bowls Co-ordinator. Barrie is very approachable & now we have been selected in the Premier League he has busy & challenging times ahead. Welcome Barrie!

Our last day of bowls on Thursday 12 Dec will see us wearing Christmas shirts & hats & having a fun day. Our 2 Christmas Hampers will be drawn on this day. Good luck all ticket holders & we thank you for supporting this raffle.

Sincere thoughts are with our members who are having health issues or have lost loved ones during the year.

I wish all a safe & happy Festive season & have a restful break ready for 2020.

**June O'Dea
Ladies President 2019**



COACHING NOTES

I would like to talk a little about SELF BELIEF, as without belief in your own ability to play the shots required would suggest you definitely have not trained your mind and body to play correctly. Your inner feelings make a big difference to your ability on a given day, if you feel "Ho-Hum" about playing you will undoubtedly play that way, your arousal level is too low. If on the other hand you come into a game feeling all keyed up and certain victory is yours before a bowl has been delivered, your arousal level is too high and you need to relax. You, and your body, know what arousal level you need to perform at your best, so learn how to obtain this level by using a pre-game routine of visualisation of the game to come, and find your mind will be clear of negative thoughts. Negativity is your worst enemy as it can destroy your belief in self. At some point in the game you may play a bad shot and fall behind and think "it's gone- I'm finished", this negativity must be dealt with immediately. This is probably the point to get away slightly from the rink and relax both your mind and body with possibly the oldest relaxation technique. Stand erect, drop your chin to your chest, take a long deep breath forcing the air into your abdomen, exhale through the mouth and imagine some relaxing scene you know. Do this 4 or 5 times, walk back to the mat thinking "Anything you can do I can do better" and provided you have trained your mind and to play the shot, you will.



COACHING NOTES CONT...



This belief only comes with training to play to the best of your ability, remember
TRAIN IMPROVE AND BELIEVE.

You need self-belief, faith in your ability or trust, in yourself and the team around you. This feeling only comes after a lot of training to increase your ability and confidence. Not too many bowlers train in shot making but rather in match play. Shot training should be a matter of every session, perhaps prior to having a roll-up with others to improve your decision making and get match practice. All members of both the Australian Squad and the Development Squad must perform a required number of drills each week to keep their spot in the squad. With this type of training you can improve your ability which in turn will improve your self-belief in your ability and make you, hopefully, a better bowler. A motto I once saw in a dressing room said:- "By failing to prepare, you are preparing to fail". Think about it.

Hope you all have a very happy, safe and holy Christmas and your aims for New Year come to fruition.

Good bowling and Enjoy.

RON



DECEMBER SPECIALS

\$6 Stubbies



\$5 Stubbies



CAMELS CORNER NOVEMBER

The envelope please...

The winners are.... the Burleigh Heads Camels... The incoming board for 2020 will be announced at the Christmas Party.

But early congratulations' to the new board and we all are looking forward to their guidance and great bowling for the upcoming year.

The Camels happy to welcome four new members to their ranks, they include Adam; Crawford, Errol and Scott.

On a sad note the Camels are sad to see Ian (Spacko) Spackman leave as he heads off for a new adventure in life, taking on a new job with a contract Top Side and then joining the rest of the Spackman Clan down south. Congratulations, but we will all miss your amazing sense of humor and ability to pick winners at the track and your gift of running Two Up competitions. Good luck Spacko.

The last visiting team for the year to Burleigh Heads was the Ballina Sandflies. The Sandflies came up

CAMELS CORNER CONTINUED...

.....

winners with an overall score of 118-102 in a closely matched competition. It will be an interesting trip next year to the new home of the Sandflies as they have joined the RSL Club in downtown Ballina.

The last road trip and competitive game of the year was to Red Hill it was a success under beautiful blue skies and surrounded by blooming jacarandas while playing the team from Normanby. We had a new driver who got us there and back despite the raucous behavior on the bus (both ways). Normanby provided a great day on and off the green with their generous hospitality and usual fierce matches. Gary (Togs) Smith felt right at home as his beloved Broncos were guiding his hand as he delivered perfect bowls all day long. The Camels may have won the day on the greens, but the Camels also won all of the meat trays and managed to drink all the Gold on the bus trip back to Burleigh.

It was reported that Burleigh Camels had been seen in drinking establishment in Billinudgel recently. It had been denied until photographic evidence had been examined and deemed authentic. Well-done boys...

CAMELS CORNER NOVEMBER



December 2019 Bowling Calendar

| | |
|------------------|--|
| MONDAY | NO BOWLS— roll ups GREEN#3 ONLY |
| TUESDAY | LADIES MIXED/PAIRS AM |
| WEDNESDAY | MENS TRIPLES/PAIRS AM MENS FOURS PM |
| THURSDAY | LADIES SOCIAL AM |
| FRIDAY | MENS TRIPLES/PAIRS AM MENS FOURS PM |
| SATURDAY | LADIES TRIPLES AM MENS TRIPLES PM |
| SUNDAY | BAREFOOT BOWLS 12-5PM |

CAMELS DECEMBER SUNDAYS:

- December 6th** - Mens AGM
- December 8th** - Home Alone H
- December 15th** - Xmas Party



January 2020 Bowling Calendar

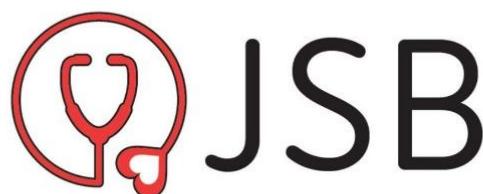
| | |
|------------------|--|
| MONDAY | NO BOWLS— roll ups GREEN#3 ONLY |
| TUESDAY | LADIES MIXED/PAIRS AM |
| WEDNESDAY | MENS TRIPLES/PAIRS AM MENS FOURS PM |
| THURSDAY | LADIES SOCIAL AM LADIES PRESIDENTS DAY SEPTEMBER 19TH |
| FRIDAY | MENS TRIPLES/PAIRS AM MENS FOURS PM |
| SATURDAY | LADIES TRIPLES AM MENS TRIPLES PM |
| SUNDAY | BAREFOOT BOWLS 12-5PM |

CAMELS JANUARY SUNDAYS:

- January 5th** - Bring a Friend [H](#)
- January 12th** - Bring a Friend [H](#)
- January 19th** - Home Alone [H](#)
- January 26th** - Tugun [A](#)



INTRODUCING OUR NEW SPONSORS



**James St. Burleigh
Medical Centre**

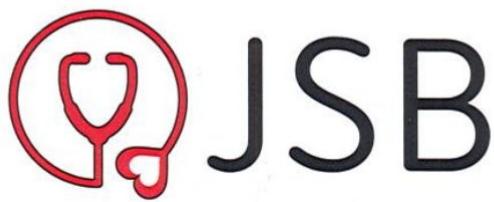
(Inside FriendlyCare pharmacy)

WWW.jamesstburleighmedical.com.au

Our GP service
includes

- Skin checks Aged care
- Chronic disease management
- Mental health Mens health
- Womens health

07 56010460



James Street Burleigh
Medical Centre

James Street Burleigh Medical Centre
Shop 1, 4-6 James Street, Burleigh Heads QLD 4220

Brand New Medical Centre located
inside FriendlyCare Pharmacy.

Introducing Dr. Suzanne Edlinger

Dr. Edlinger has a special interest in womens health including antenatal, post natal and mental health (offering bulk billing consults to pensioners, health care card holders and under 16 year olds)

She will be joining our friendly team of GPs:

Dr Terry Miller who has a special interest in skin (offering bulk billed skin checks).

Dr Avtar Gill who has a special interest in paediatrics, obstetrics and gynecology (offering bulk billing consults to new and existing patients).

Book online or call now.

Opening hours are Monday - Friday 8am - 5pm

Call to make an appointment:

07 56 01 04 60

or book online

www.jamesstburleighmedical.com.au

FOR SALE



For Sale

Large Black Scooter with basket on the front
Brand New!
\$3300

0407 171 312

For Sale

Second Hand Dishwasher
\$150

Call GAFA
0415 147 710

For Sale

4 large rolls packing paper
3 Storage bins
\$25

0407 026 481

Looking for room to rent!

Mature age lady
Pays rent on time
Very clean, with good sense of humour. Will do cleaning as part of rent if required.

Please phone or text Linda on 0414 003 681

HAVE YOU GOT SOMETHING TO SELL???

Let us know at Reception and we can advertise HERE for you

ALTERATIONS

Very Experienced Professional Work Reasonable Rates
Joan Gill 5535 7440

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Sitter

Henry Schmidt
Call on:
0409 933 470
Or
Email:

0444 565 555

Barbara Cooke

FOR SALE

Men's Easy Rider leather coat - Dark Blue
Excellent Condition
\$65.00

0407 026 481

FOR SALE

Quilted Floral Bed-spread- DB
\$30 ONO
*

Bowls Tape Measure
\$10

0401 180 056

If you would like to advertise in our Trading Post please submit advertisements to the office by the

Advertisements will run for two months unless other arrangements are made and space permitting. THIS IS A FREE SERVICE FOR MEMBERS ONLY



Ho Ho Ho!

Christmas Jokes!

Q. Why does Santa have 3 gardens?

A. So he can "hoe hoe hoe!"

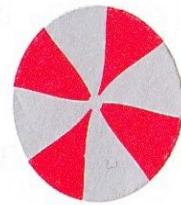


Q. What do you get when Santa goes down a chimney with a lit fire?

A. "Crisp" Cringle!

Q. What do snowmen eat for lunch?

A. Ice bergers!



Q. Which of Santa's reindeer has bad manners?

A. RUDE-olph!

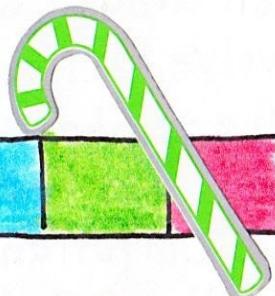
Q. How does Rudolph know when Christmas is coming?

A. He looks at his calen-DEER!

Q. What is the first thing elves learn in school?

A. The "elf"-a-bet!

holiday
cheer



MERRY CHRISTMAS

and HAPPY NEW YEAR

Burleigh Heads Bowls Club
www.burleighbowls.org.au
Ph: (07) 5535 1023

