

# BOWLING NEWS



NOVEMBER 2016



## **MESSAGE FROM THE CHAIRMAN**

### **Trading Issue and Bowling income versus Greens costs**

The continued loss of bar trade on bowling days coupled with the cost of providing our bowlers with 'free' tea, coffee, sugar, milk, biscuits and bar snacks in the form of peanuts from the bar, loss from our coffee machine and the substantial cost of maintaining our greens and surrounds, the Board of Management can no longer ignore these matters. To assist the bar, the purchase cost of the tea, coffee, sugar, milk, biscuits and bar snacks in the form of peanuts from the bar has been shifted to the Bowls Sections.

In 2015/2016 the combined income from our two Bowls Sections was \$230,590 less expenses of \$230,500 resulting in a net return of \$90. This net return was forecasted when the player social bowls prize money was increased.

The 2016 costs for maintaining our greens and surrounds by our then Green's Contractor and the subsequent replacement costs for new mowers and other greens equipment was \$143,000. This resulted in a bowling deficit of \$142,910.

By now employing our green keepers as casual employees and the anticipated reduced greens maintenance costs, the costs of maintaining our greens and surrounds will be reduced by around \$46,000, thereby reducing the previous deficit to around \$97,000.

In order to reduce this deficit to a sustainable level, the Board of Management has increased the mat fees by \$1 to \$8 and increased the cost of beverages from our coffee machine from \$1 to \$2, both with effect from 1st January 2017. The \$1 mat fee increase will be passed on to the Board and used to specifically reduce the deficit of \$97,000 to around a sustainable level of \$79,000.

The \$1 increase for beverages from our coffee machine (with a similar patronage as last year) would eliminate our deficit of \$400 and produce a net return of \$2,700.

These actions by the Board of Management will ensure the continuance, for the foreseeable future, of the entrenched 'free' tea, coffee, sugar, milk, biscuits and peanuts and the numerous existing bowler benefits provided for our bowlers by the Club.

The decision to increase our mat fees by \$1 was not taken lightly. The majority of the other clubs in our Gold Coast Tweed region have mat fees of between \$10 to \$12. The Board of Management has sought to strike a balance between the individual's cost of playing bowls and that of sustaining an acceptable bowling deficit.

## **CONTINUED**

### **The Clubs current bowler's benefits**

- Club social bowler's increased prize money for both our members and visitors.
- Club increased pennant car travelling allowances.
- Club championship bowls prize money maintained.
- Club payment of all inter club competition nomination fees.
- Club sponsorship for our inter club competition bowlers to assist with their travel and accommodation costs.
- Club sponsorship of our bowlers selected in Queensland and Australian teams.
- Club existing membership fees retained for 2017.
- Club provided free tea, coffee, sugar, milk, biscuits and peanuts for our bowlers and visitors.
- Club member discounts and birthday drinks retained.
- Club payment of GCTDBA umpire and coaching course fees.
- Club payment of post club competition finals team drinks.

**Board Chairman**

## **CRAFT AND CHARITY TABLE**

The Craft and Charity table will be holding a cake day

On Thursday 1st December 2016.

Donation of cakes/slices would be very much appreciated.



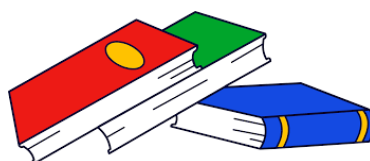
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### **ATTENTION**

ALL BOWLING MEMBERS

Annual Reports and AGM Agendas will be available for  
collection from Reception from 10th November.

Booklets can be mailed out upon request in writing to Reception.



## COACHING NOTES BY RON

### COACHING NOTES BY RON

This month we get back to basics after some time on the psychology of the game. I would like to look at the mechanics of delivery and stress the importance of a smooth, relaxed and repeatable delivery action. So let us examine the points of the delivery which will ensure you are as smooth as your body will allow you to be. Firstly, your grip must be comfortable and sure, the bowl should be held in the finger tips to allow you to have a good feel for it's weight, but must not feel that it is going to fall out of your hand. The preferred grip by most coaches, and probably the majority of players, is the orthodox index and little fingers on the rings beside the running surface, with the thumb on, or just below, the ring. Just below the ring does remove pressure from the major joint of the thumb and is preferred by many players and coaches. The bowl must be held such that the rings are exactly vertical at delivery and the bowl must be pointing along your delivery line. Secondly, your stance on the mat should be such that you can stand with your body facing along the aiming line repeatedly. This is necessary because if the mat is moved up or back on the rink you don't have a fixed aiming line other than the one dictated by your angle to the centre line from your feet. If you wish to prove this place the mat on the T and a jack on the other T. Draw a bowl to the jack, make a strong mental note of your anchor foot position on the mat, move the mat up to the 21m mark, place your foot in precisely the same place and deliver to the jack. You will find that, without reference to any other mark, you will draw the shot. Thirdly, be completely balanced on the mat, if you are not as you start your backswing, stop, stand, and restart your



delivery swing. As you take the step forward, again if you don't feel balanced, stop, stand, and start again. Fourthly as you are swinging your arm into your backswing, make sure you lock your elbow and wrist at about the vertical and complete your back swing with a rigid arm and your delivery swing with the same rigidity of arm. The delivery is a pendulum swing, this promotes a smooth backswing and forward delivery swing. You release the bowl approximately 50-75mm ahead of the front toe with your back knee down into your front achilles tendon, make sure the palm of your hand is pointing forward. Hold this position in the follow through, watch your bowl travel roughly a third of the way up the green before you come up going forward. Fifthly as you step forward make sure you are stepping straight ahead without bringing the toe of your stepping foot across your line as this will twist your body off your aiming line and produce a narrow backhand or a wide forehand delivery. Above all practice with an aim in mind, you may be having trouble with a particular shot, practice this shot repeatedly till you are comfortable playing it, but still practice the shots you play well. If you need help deciding on a training regime, talk to a coach who can help you develop the program which will suit your needs. Train your body and mind to produce a smooth delivery, free of jerking or stutters, have a pre-shot routine which relaxes you and allows you to deliver the bowl without any doubts in your mind about how to deliver. Remember the delivery is what you can control, the result is dependent on your ability to deliver smoothly. So ignore those things which you cannot control and deliver to the best of your ability. Good bowling and Enjoy Ron

# Bowls Results

## 2016 Ladies Championships

<b>Consistency</b>	Winner: M. Holmes    Runner-Up: K. Hodges
<b>Novice</b>	Winner: K. Stothard    Runner-Up: Y. Moon
<b>B Grade Pairs</b>	Winners: Y. Moon & J. Zimmerman Runners-Up: L. Brydon & K. Stothard
<b>Veteran Singles</b>	Winner: D. Hanlon    Runner-Up: Y. Haley
<b>B Grade Singles</b>	Winner: L. Wright    Runner-Up: C. Birdie
<b>Fours</b>	Winners:    J. Holland, D. Pickett, A. Makepeace & C. Lewis Runners-Up: N. Herbertson, G. McGaveston, C. Birdie & M. De Jongh
<b>Triples</b>	Winners: L. Wright, H. Richmond & Y. Haley Runners-Up: N. Herbertson, B. Hartnett & G .Kitching
<b>Pairs</b>	Winners: J. Moore & D. Hanlon Runners-Up: M. Holmes & K. Hodges
<b>Singles</b>	Winner: D. Jenkins    Runner-Up: M. Holmes



## 2016 Mens Championships

**Mens Fours**      S. McGaveston, L. Landon, M. Landon & A. Hyde

**Triples**      P. Staggard (Snr), T. Crompton & P. Hickman

**Pairs**      P. Staggard (Jnr) & S. De Jongh (Scott)

**Singles**      D. Hurst

**Veteran Singles**      C. Vella

**B Singles**      S. Ireland

**Novice Singles**      D. Kennedy

**Handicap Singles**      S. McGaveston

**Veteran Pairs**      B. Mullens & B. Marin

**B Grade Pairs**      R. Cush & H. Forshaw

**Mixed Pairs**      L. Myers & P. Street

**Mixed Fours**      K. Hodges, J. Fehlberg, M. Holmes & C. Fehlberg

## Bowls Results Continued

### COMPETITION—Mixed Pairs 2016

Round 1	Winner	Loser	Score
1	G. Shapter	B. Bottrell	24/8
1	M. Foley	J. McGovern	22/20
1	P. Hickman	C. Felhberg	36/8
1	J. Fehlberg	T. Bonnell	24/22
1	G. Irwin	B. McGregor	WOF
2	D. Cooke	H. Forshaw	20/10
2	J. Fehlberg	T. Crompton	20/18
2	M. Myers	G. Lowe	24/6
2	D. Kendall	G. Irwin	21/19
2	P. Street	W. Kitching	30/14
2	G. Shapter	D. Edwards	27/21
2	T. Kelly	M. Foley	0/0
2	P. Hickman	A. Morley	30/13
3	D. Kendall	D. Cooke	29/13
3	T. Shapter	J. Fehlberg	20/16
3	M. Myers	Foley/Kelly	WOF
3	P. Street	P. Hickman	20/14
4	P. Street	G. Shapter	23/14
4	M. Myers	D. Kendall	25/9

### FINAL

L. Myers & P. Street	H. Richmond & M. Myers	28/16
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# Congratulations



**Mixed Fours Winners**  
J. Fehlberg, K. Hodgers,  
M. Holmes & C. Fehlberg



**Mens Club Triples**  
P. Hickman, T. Crompton  
& P. Staggard Snr



**Veteran Singles**  
**Winner & Runner Up**  
D. Hanlon & Y. Haley



**Mixed Pairs Winners**  
Lyn Myers & Peter Street

# Ladies Presidents Day



Esther and District President Jill



Top Table Morning Tea





At the Green



The ladies



The Top Table







Winning Team



More Winners



## LADIES REPORT

On the 29th September my president's at home day was held. It was very pleasing to see 60 members and my special guests, Jill Buchan district president, Yvonne McKee district secretary, Joy Oswald and Bev Wheatley join me for a lovely morning tea followed by a friendly game of bowls which started with the usual ditch to ditch (winners were Barbara Ridgers and Jenny Moore) and Joan Gill looked after the touches for us.

At about 12:30pm we joined our non-playing members, board members and other guests over a 100 in all for a tasty lunch provided by Steve and his staff.

Many thanks to all the ladies who once again came to the forefront to provide all with such a lovely morning tea. Special thanks to Noreen McMurray, Nola Alexander and Dorothy Nielsen for organising and looking after my special guests and I at morning tea. Too my vice pres., Di, Jane, Karen and Kerry, the tables and decorations all looked so inviting when we walked in. Great effort ladies and my hostesses Ruth and Yvonne. A job well done.

Dorothy Hanlon, what can I say, once again you have excelled in providing such a lovely cake and Hazel for helping her with the flower arrangements. To our ticket sellers Maureen and her crew I thank you.

Once again I thank Jody and Brooke from our sponsors cruise about and it was nice to have them to lunch and help with the day's bowls prizes.

It was an honour to present Serena Nicholls with her award from the ladies club and the club board of management in recognition of her bowling achievements.

All your best wishes and gifts were much appreciated by me. I had and am sure everybody had a very enjoyable day.

Most of all my many thanks to my committee for all your help on the day.

Not many more club championships left to play, congratulations to everyone who took part. To Merrill Holmes on winning the club consistency final defeating Kay Hodgers. A high standard of bowls by both players.

Some of you may or may not know that we have entered a team in the 2016 Gold Coast ladies challenge. The team is Dorothy Hanlon, Serena Nicholls, Chris Lewis and Alice Makepeace. The composition started on the 8th of Oct and runs for 5 weeks. Dorothy said that they have won both games and have 12 pts. The team challenge requires 10 rinks with the last game being on the Saturday 5th Nov. It is much appreciated the regular Saturday morning ladies giving up that day of bowls.

Dorothy Hanlon and Yvonne Haley will play off in the veteran's singles in the next couple of weeks.

Till next time,  
Good health and bowling  
President Esther Cullen





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# NOVEMBER Bowling Calendar

Sunday	Monday	Tuesday	Wednesday
		<u>1st</u>  Ladies/Mixed Pairs AM  Twilight Bowls 5:45pm Start	<u>2nd</u>  Men's Trip A Men's Four
<u>6th</u>  Camels Home Vs Ipswich  Barefoot Bowls 12—5pm 	<u>7th</u>  NO PLAY Roll ups on Green no. 3 only	<u>8th</u>  Ladies/Mixed Pairs AM  Twilight Bowls 5:45pm Start	<u>9th</u>  Men's Trip A Men's Four
<u>13th</u>  Camels Home Alone  Barefoot Bowls 12—5pm 	<u>14th</u>  NO PLAY Roll ups on Green no. 3 only	<u>15th</u>  Ladies/Mixed Pairs AM  Twilight Bowls 5:45pm Start	<u>16th</u>  Men's Trip A Men's Four
<u>20th</u>  Camels Home Alone  Barefoot Bowls 12—5pm 	<u>21st</u>  NO PLAY Roll ups on Green no. 3 only	<u>22nd</u>  Ladies/Mixed Pairs AM  Twilight Bowls 5:45pm Start	<u>23rd</u>  Men's Trip A Men's Four
<u>27th</u>  CLUB AGM  Barefoot Bowls 12-5pm 	<u>28th</u>  NO PLAY Roll ups on Green no. 3 only	<u>29th</u>  Ladies/Mixed Pairs AM  Twilight Bowls 5:45pm Start	<u>30th</u>  Men's Trip A Men's Four



Wednesday	Thursday	Friday	Saturday	
Triples or Pairs Men's Triples AM Women's Triples PM 	<u>3rd</u>  Ladies Social AM	<u>4th</u>  Men's Triples AM Men's Fours or Pairs—PM	<u>5th</u>  Ladies Triples AM Mens Triples PM	
Triples or Pairs Men's Triples AM Women's Triples PM 	<u>10th</u>  Ladies Social AM	<u>11th</u>  Men's Triples AM Men's Fours or Pairs—PM	<u>12th</u>  Ladies Triples AM Mens Triples PM	
Triples or Pairs Men's Triples AM Women's Triples PM 	<u>17th</u>  Ladies Social AM	<u>18th</u>  Men's Triples AM Men's Fours or Pairs—PM	<u>19th</u>  Ladies Triples AM Mens Triples PM	
Triples or Pairs Men's Triples AM Women's Triples PM 	<u>24th</u>  Ladies Social AM	<u>25th</u>  Men's Triples AM Men's Fours or Pairs—PM	<u>26th</u>  Ladies Triples AM Mens Triples PM	
Triples or Pairs Men's Triples AM Women's Triples PM 				

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<p><b><u>FOR SALE</u></b></p> <p>White Coffee Table With magazine shelf. Latest design, Almost new 89cm x 55cm \$55 Phone: 0433 559 824</p>	<p><b><u>Attn: Lady Bowlers</u></b></p> <p><b><u>MASSAGE</u></b> <b><u>Discount Offer</u></b> 1 hr Massage session \$60 (Save \$20)</p> <p>Phone Amanda Sullivan 0407622025</p>	<p><b><u>FOR SALE</u></b></p> <p>Dreamline Henselite Size 1 Heavy Maroon Colour V.G condition <b><u>PLUS</u></b> bag with wheels</p> <p><b>\$200</b> Phone Hilda 5535 5822 040 374 268</p>
		<p><b><u>FOR SALE</u></b></p> <p>Black walker, no seat Good cond. \$100</p>
<p><b><u>FOR SALE</u></b></p> <p>Henselite Sapphire Size 0 Plus bowls bag \$200 Ph: Joy Douglas on 55935201 or 0434 911 521</p>	<p><b><u>FOR SALE</u></b></p> <p>Brand New Size 3 Zig Zag Bowls Light and Dark Blue \$325</p> <p>Call Zeta 0437936269</p>	<p>Black walker, up right for walking straight, good cond. Was \$400 Now \$250</p> <p>Pamela 5520 1642 Contact after 6pm</p>

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