

# BOWLING NEWS



MARCH 2017



## **Message from the Chairman**

### **Club Air Conditioning**

During the recent hot spell where daily temperatures at times reached above 36 degrees our two air conditioning systems could not maintain the desired 24 degrees temperature inside the club house.

We sought advice from our air conditioning maintenance company who then carried out a detailed inspection of the current efficiency of our two systems which revealed that both of our systems were working at 100%.

Our club house air conditioning was designed and engineered to handle a maximum of 32.5 degrees outside air temperature and cope with a differential of 10 degrees between the outside air temperature to the temperature inside the club house (as per the Gold Coast regional standard). However, when the outside temperature soared up to 36 degrees the best our two systems could do was to maintain the club inside temperature to about 26 degrees.

Unfortunately, the constant opening and closing of our club entrance doors exacerbated the problem by allowing the slightly higher internal cool air pressure in the club house to escape thereby permitting hot air to flow in.

Our air conditioning maintenance company recommended we seek the advice of an air conditioning engineer to come up with a solution, however we were also advised that this recent heat wave was a 1 in a 100 year event.

We are waiting for the air conditioning engineer's report and have been advised that it would be possible to install a 'rapid booster system' in addition to our existing two systems that would automatically activate when the inside temperature exceeded 27 degrees and 'inject' a large amount of cold air into the club. However these 'rapid boosters' come at considerable cost and in consideration that this latest heat wave was a 1 in a 100 year event the club may decide that at this point in time the cost is not justified.

I will keep you informed of this matter.

### **Dogs**

The Club, acting on legal advice, has been compelled to ban dogs from our club, other than those dogs that are fully accredited registered disability assistance dogs, in order to provide a duty of care to all of our bowlers and patrons and to remove the risk of legal exposure and liability to our club.

### **Bullying and Harassment**

Representatives of Clubs Queensland, Dan Nipperess (Workplace Relations & Compliance Officer) and Eleanor McPhillips (Workplace Relations Officer), were recently invited to specifically address the Board of Management about staff and member bullying and harassment and the subsequent liability and risk exposure to our Club.

Our Club has a zero tolerance to bullying, harassment including sexual harassment and discrimination towards all of our members and staff.

## CONTINUED

Copies of the Club Workplace Bullying, Discrimination and Harassment Policy and the Complaint Resolution Process Guide are available on request from Reception.

### Club Bistro

Our Club Catering Contractor, Steve Paul has employed a new chef, Nick, so please make him welcome.

### Club Patronage

I am pleased to announce that the Club traded better due to increased patronage in February primarily due to the successful rock and roll shows on the last Saturday nights of the month, the much improved live entertainment we offer on Friday and Saturday nights and Sunday afternoons and the consistent numbers of bare foot bowling patrons. Thank you to all our members for your continued support of our Bar, Gaming and Bistro.

### Board Chairman





## Mens Report

Our Club Championship this year has been keenly contested..

We are down to the Semi Finals and new faces have emerged as the potential Champion. Mick Myers, Alex Hyde, Trevor Crompton and Steve Coffey. Good luck to them all.

Our Premier 7s are recording mixed success with a reasonable chance of playing in the finals. The Summer 9s confidence has been boosted with a win against Benowa.

The Over 50s mid week challenge starts Monday 13th March with 3 bowl triples. We would like to field in a team in each of the 2 divisions requiring at least 25 names available for selection. If you have not registered your name as available, please do so.

Following a lot of hard work by our green keepers and volunteers No 1 green will be back in play early march, from all accounts we can expect a good running surface.

With sanction by the Board, the Mens Section will be re-vamping our Wednesday and Friday Night Meat Tray Raffles in March to include a Jackpot Joker. Commencing at \$500 and increasing by \$50 each time it is not won, at no extra cost our raffle patrons will have this opportunity. Should they find an ACE, you will win \$50 cash or any other card \$25. will create a lot of interest.

Come and be apart of it!

To all our bowling members that are not well at the moment, we wish them a speedy recovery and look forward to seeing them back at the club very soon.

Good Bowling

Bruce McGregor, Mens President

## Coaching Notes by Ron

The control of weight and the ability to visualise the path of your bowl are probably the most important points in playing good, consistent bowls. As a new bowler you had so many thoughts racing through your head to ensure your delivery was smooth and repeatable, that your weight control was somewhat hit and miss. Once you have developed your delivery to the point where you really don't think about its mechanics, you will need to train your muscles and senses to deliver correct weight. Most players were taught weight control initially be control of arm speed or from the elevation theory, the higher the start point the longer and faster the swing. However your body has inbuilt sensors and a rather powerful computer called a brain, train the brain to compute speed.

Elite bowlers prepare for delivery by visualising the path of the bowl and the bowl finishing its run exactly where required. They develop a "feel" for the delivery from the weight of the bowl, their perceptions of the pace of the green and senses in their bowling arm and shoulder. This takes a lot of practice and concentration on the "feel" of a delivery. Such rehearsal provides a mental pattern for their largely automatic delivery movement to produce the bowl speed required. They use hand and eye coordination for intuitively integrating gravity forces with muscular force in executing the movement. A corrective delivery for a bowl finishing 1 metre short of its target requires only 2 - 1/2 more revolution of the bowl to be perfect. You need to make this slight variation by "sensing" the extra bowl speed rather than deliberately deciding to change your delivery mode.

You should have trained your body to produce this result, so let your sub-conscious mind do its job without interference from you.

You will need to be able to visualise the path travelled by your bowl in the run to the jack to be able to play trail and other through the head shots. Bowl a bowl to the jack, walk up its track and place some form of the markers on this line, go back to the mat and draw another bowl, chase it to the jack and observe how far out your imagined track was from reality. You will probably have imagined that you saw your bowl turn in much later and more steeply angled to the centre line than actually happened. This observation will allow you to correct your visualisation of your bowl's track and allow you to make small width adjustments to draw into and through the head.

When delivering the bowl focus your whole being on the process of delivery, have a pre delivery routine, say, step onto the mat knowing what you want to achieve, take a deep breath to relax your shoulder muscles, check the bowl is on the correct hand, breath in on the back swing and exhale on the delivery. This routine will help focus on what you are doing, not on what you hope will happen. Then you begin to follow the bowls track and observe its fate, don't stop watching until the bowl stops, did you do what you intended or not, whichever way it went, learn from the delivery.

Good Bowling and Enjoy, Ron.



## Ladies Report

End of January saw us have our Australia Day Tournament celebrated by a mixed game, terrific to see we had over 60 bowlers. Morning tea was provided by the ladies. It was a great day enjoyed by all that participated. Thanks to all of you.

The weather since then has unfortunately been extremely hot, consequently our numbers are down. Hopefully as we approach the end of February we can hope the heat will abate and our numbers should pick up.

Our championship 4s are being drawn at the end of February. The sheet is now out for the Singles. So get your name down ladies!

Our thoughts go out to those ladies who are not well and wish them a speedy recovery.

Good Bowling,

Di Pickett





**Burleigh Heads Bowls Club**

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## Bowls Results

## THE SEVENS

**DIVISION Over 60s      SECTION 2      ROUND 5      11/2/17**

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**DIVISION Over 60s      SECTION 2      ROUND 5      11/2/17**

## BURLEIGH HEADS VS MOORBOOKA

## BURLEIGH HEADS VS MOOROOKA

<b>Singles</b>			
Mick Myers	31	Vs Moorooka	9

<b>Singles</b>			
Mick Myers	31	Vs Moorooka	9

<b>Singles</b>			
Mick Myers	31	Vs Moorooka	9

**Pairs**

Lead: Peter Street

Skip: Trevor Crompton 29 Vs Moorooka 11

Skip: Trevor Crompton 29 Vs Moorooka 11

Skip: Trevor Crompton 29 Vs Moorooka 11

## Fours

Lead: Graham Absalom

Second: Bob Hynes

Third:	Ron Cronk		
Shine:	Bob Marin	29	Yo Moonsaka 13

Skip:	Bob Marlin	30	Vs Moorooka	12
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Total Shots	90	Vs Moorooka	32
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Total Shots	90	Vs Moorooka	32
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Total Shots	90	Vs Moorooka	32
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# Bowls Results

## THE SEVENS

**DIVISION 1      SECTION 3      ROUND 5      11/2/17**

### BURLEIGH HEADS VS VICTORIA POINT

#### Singles

Peter De Kleyn                      25              Vs Victoria Point      31

#### Pairs

Lead:      Stephen McGaveston

Skip:      John Fowler                      19              Vs Victoria Point      18

#### Fours

Lead:              Stuart Ireland

Second:      Brendon Schubert

Third:              David Kennedy

Skip:              Brett Reynolds                      27              Vs Victoria Point      15

**Total Shots                      71              Vs Victoria Point      64**

# Bowls Results

## THE SEVENS

**DIVISION 1      SECTION 3      ROUND 6      18/2/17**

### BURLEIGH HEADS VS BEENLEIGH

#### Singles

Peter De Kleyn      31      Vs Beenleigh   16

#### Pairs

Lead:    Mark Foley

Skip:    John Fowler      18      Vs Beenleigh   20

#### Fours

Lead:      Stuart Ireland

Second:    Brendon Schubert

Third:      David Kennedy

Skip:      Brett Reynolds      27      Vs Beenleigh   16

**Total Shots      76      Vs Beenleigh   52**

# Bowls Results

## THE SEVENS

**DIVISION 1      SECTION 3      ROUND 4      4/2/17**

### BURLEIGH HEADS VS LOGAN

#### Singles

Peter De Kleyn                      31      Vs Logan                      18

#### Pairs

Lead:      Stephen McGaveston

Skip:      John Fowler                      16      Vs   Logan                      25

#### Fours

Lead:              Stuart Ireland

Second:      Brendon Schubert

Third:              David Kennedy

Skip:              Brett Reynolds                      19      Vs Logan                      22

**Total Shots                      66      Vs Logan                      65**



# Bowls Results

## THE SEVENS

**DIVISION 1      SECTION Over 60s      ROUND 6      18/2/17**

### BURLEIGH HEADS VS ROBINA

#### Singles

Dennis Hurst      31      Vs Robina      30

#### Pairs

Lead:      Peter Street

Skip:      Trever Crompton      18      Vs Robina      19

#### Fours

Lead:      Vince Sullivan

Second:      Bob Hynes

Third:      Ron Cronk

Skip:      Bob Marin      17      Vs Robina      23

**Total Shots      66      Vs Robina      72**

## Bowls Results

### THE SEVENS

**DIVISION 4      SECTION 4      ROUND 6      19/2/17**

### BURLEIGH HEADS VS TUGUN

#### Singles

Shaun Wheeler      31      Vs    Tugun      28

#### Pairs

Lead:    Grant Fehlberg

Skip:    Jake Fehlberg      26      Vs    Tugun      13

#### Fours

Lead:      Peter Shaw

Second:    Athol Small

Third:      Harry Forshaw

Skip:      Bernie Kelly      16      Vs    Tugun      18

**Total Shots      60      Vs    Tugun      72**

## **CAMELS CORNER**

Greeting to all would like to welcome you to the first Camels corner for 2017. The Camels have been around for a while and continue to grow in popularity with member numbers growing every year. This is a Sunday morning bowls group new members are always welcome. We play both home and away fixtures with occasional trip away to help sharpen your skills and allow more time to share stories and get to know members.

This year is going to be bigger and better with a great selection of games to be played.

Fixtures to report on so far are

### **Jan 29 Home Alone**

Another good turn out with over 40 players enjoying our great Burleigh Weather. Yet another challenge for our bowlers, playing on the synthetic green where at times the heat is too hot to handle.

The key for the day was to keep the fluids up and enjoy the bowls. Fun was had by all members.

### **Feb 05 Tugun**

21 plus members got on the Camel train to pit their skills against the Tugun Two Guns. What a great day excellent hosts and we were made to feel welcome. The teams as a group performed well and by the end of the day the camels just snuck over the line with some close fought games.

## **Feb 12 Normanby Hotel**

Great turnout for the Camels on an extremely hot summer day. The day required regular heat breaks that added to the enjoyment of the day. The club and bar staff made the visitors welcome as usual. The level of play considering the hot weather was of a very high standard and at the end of the day the Camels managed to just fall over the line well done team.

## **Feb 18/19 Ballina Sand-flies**

Our first away trip for the year heading south to take on the boys from Ballina. We had 21 bowlers to have an enjoyable visit. The weather gods where kind to us with excellent conditions clear blue skies and a nice breeze. This we found very difficult to handle with only one of our teams getting over the line. This was our warm up day to get used to the conditions. So we had a few drinks and great meal to ponder the next day.

The accommodation was first class and nice and close to the club. There was only one incident to report one member decided to have a leap of faith and came of second best with the pavement winning. After a good night's sleep and excellent breakfast, the next challenge was to play the Sand-flies always a fun encounter. This lived up to expectations with a superb green to play on and great company. Very hard fought battle but we managed to just fall over the line 141 to 139 well done boys.

Look forward to the next challenge.

Aladdin the Camel herder



# BURLEIGH HEADS BOWLS CLUB



## MARCH ENTERTAINMENT

FRIDAY  
7:30PM

SATURDAY  
6:30PM

SUNDAY  
2:00PM

Friday 3rd - Dynamic's

Saturday 4th - Dan McCoy Duo

Sunday 5th - Russell Davey

Friday 10th - Long Gone Daddy Duo

Saturday 11th - Loaded Dice

Sunday 12th - Simone Cutting

Friday 17th - Partners In Crime

Saturday 18th - Stowaways

Sunday 19th - Danny Sparx

Friday 24th - Spectrum

Saturday 25th - Live Jukebox

Sunday 26th - Lloyd Sanieel

Friday 31st - Lone Wolf & Cub



# **2017 SHOW GUIDE**

## **Saturday Night Rock & Roll**

**28th January - Catfish & The Dee Jays**

**25th February - Remix**

**25th March - Live Juke Box**

**29th April - Catfish & The Dee Jays**







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FUNERAL  
DIRECTORS  
ASSOCIATION

# March Bowling Calendar

Sunday	Monday	Tuesday	Wednesday
			<u>1st</u> Men's Trip A Men's Four
<u>5th</u>  Camels Home Game Bring a Friend Day  Barefoot Bowls 12—5pm 	<u>6th</u>  NO PLAY Roll ups on Green no. 3 only	<u>7th</u>  Ladies/Mixed Pairs AM	<u>8th</u>  Men's Trip A Men's Four
<u>12th</u>  Camels Home Alone  Barefoot Bowls 12—5pm 	<u>13th</u>  NO PLAY Roll ups on Green no. 3 only	<u>14th</u>  Ladies/Mixed Pairs AM	<u>15th</u>  Men's Trip A Men's Four
<u>19th</u>  Camels Home Vs Pottsville  Barefoot Bowls 12—5pm 	<u>20th</u>  NO PLAY Roll ups on Green no. 3 only	<u>21st</u>  Ladies/Mixed Pairs AM	<u>22nd</u>  Men's Trip A Men's Four
<u>26th</u>  Camels Home Alone  Barefoot Bowls 12—5pm 	<u>27th</u>  NO PLAY Roll ups on Green no. 3 only	<u>28th</u>  Ladies/Mixed Pairs AM	<u>29th</u>  Men's Trip A Men's Four

Wednesday	Thursday	Friday	Saturday
Singles or Pairs Men's Triples AM Women's Triples PM Pairs PM	<u>2nd</u>  Ladies Social AM	<u>3rd</u>  Men's Triples AM Men's Fours or Pairs—PM	<u>4th</u>  Ladies Triples AM Mens Triples PM
Singles or Pairs Men's Triples AM Women's Triples PM Pairs PM 	<u>9th</u>  Ladies Social AM	<u>10th</u>  Men's Triples AM Men's Fours or Pairs—PM	<u>11th</u>  Ladies Triples AM Mens Triples PM
Singles or Pairs Men's Triples AM Women's Triples PM Pairs PM 	<u>16th</u>  Ladies Social AM	<u>17th</u>  Men's Triples AM Men's Fours or Pairs—PM	<u>18th</u>  Ladies Triples AM Mens Triples PM
Singles or Pairs Men's Triples AM Women's Triples PM Pairs PM 	<u>23rd</u>  Ladies Social AM	<u>24th</u>  Men's Triples AM Men's Fours or Pairs—PM	<u>25th</u>  Ladies Triples AM Mens Triples PM
Singles or Pairs Men's Triples AM Women's Triples PM Pairs PM 	<u>30th</u>  Ladies Social AM	<u>31st</u>  Men's Triples AM Men's Fours or Pairs—PM	



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